

LIVING WELL WITH CHRONIC CONDITIONS

2009-2010				
Location	Day	Dates	Time	Contact Person
LDS Church 8450 West 3000 South, Magna	Tuesday	October 27 – December 1	6:30pm – 9:00 pm	Olga Rubiano 801-512-5233
Marshal White Center 222 28 th Street, Ogden	Tuesday	November 3 – December 8	9:00am – 11:30	Jesse Garcia 801-778-6834
Marshal White Center 222 28 th Street, Ogden	Wednesday	November 4 – December 9	9:00am – 11:30	Jesse Garcia 801-778-6834
Cache Valley Assisted Living Community 233 N. Main St., Providence	Starts Thursday	November 5, 10, 12, 17, 19 and 24	10:00am – 12:30pm	Kim Bales 435-792-6521
Hill Air Force Base/Health & Wellness Ctr. 7250 11 th Street, Building 533, HARB	Tuesday	January 6 – February 9	11:30am – 2:00pm	Davis County – Jessica 801-451-3335
Orem Senior Friendship Center 93 N 400 E, Orem	Friday	January 8 – February 12	9:30am – 11:30am	Utah County – Rita 801-851-7095
St. Catherine of Siena Newman Ctr. 170 South University Street, SLC	Wednesday	January 13 – February 10	10:00am – 12:30pm	Healthy Aging Program 801-468-2772
Multi-Ethnic Senior Housing 120 S 200 W, SLC	Tuesday	January 19 – February 23	2:00pm – 4:30pm	Healthy Aging Program 801-468-2772
University Health Care - South Jordan Clinic 1091 W South Jordan Parkway, #500	Thursday	January 21 – February 25	10:00am – 12:30pm	University Health Care Judi 801-587-6658
University Health Care – Sugarhouse 1138 East Wilmington Ave, SLC	Wednesday	January 20 – February 24	4:00pm – 6:30pm	University Health Care Judi 801-587-6658
Health Clinics of Utah 3195 S Main Street, SLC	Friday	February 5 – March 12	9:30am – 12:00pm	Healthy Aging Program 801-468-2772
University Health Care - Parkway Clinic 145 W Univ Parkway, Orem	Wednesday	March 3 – April 7	3:00pm – 5:30pm	University Health Care Judi 801-587-6658
University Health Care - Centerville Clinic 26 S Main St, Centerville	Thursday	April 1 – May 6	5:30pm – 8:00pm	University Health Care Judi 801-587-6658
University Health Care - Redwood 1525 W 2100 S, SLC	Monday	April 26 – May 31	5:00pm – 7:30 pm	University Health Care Judi 801-587-6658
University Health Care – Greenwood 7495 S State Street, Midvale	Thursday	May 13 – June 17	5:00pm – 7:30pm	University Health Care Judi 801-587-6658

Check back periodically for an updated list of classes www.health.utah.gov/arthritis or 801-538-9340