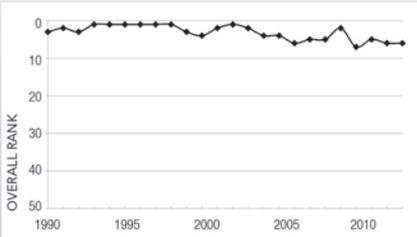


# UTAH

## Overall Rank: 6



**Change: no change**  
**Determinants Rank: 6**  
**Outcomes Rank: 3**

### Strengths:

- Low prevalences of smoking & binge drinking
- Low prevalences of physical inactivity, obesity, & diabetes
- Low rate of preventable hospitalizations

### Challenges:

- High rate of drug deaths
- High incidence of pertussis infections
- Limited availability of primary care physicians

**Ranking:** Utah is 6th this year; unchanged from 2012.

### Highlights:

- Utah has the lowest smoking rate in the nation at 10.6 percent of the adult population; however, more than 190,000 adults still smoke.
- In the past year, the rate of drug deaths decreased by 16 percent from 21.4 to 18.4 deaths per 100,000 population.
- Utah has one of the lowest rates of physical inactivity in the nation at 16.5 percent of the adult population; however, more than 300,000 adults are still physically inactive.
- In the past 10 years, the rate of preventable hospitalizations decreased by 29 percent from 47.8 to 37.2 discharges per 1,000 Medicare enrollees.
- In the past year, the prevalence of diabetes increased from 6.7 percent to 7.2 percent of the adult population; more than 130,000 adults in Utah have diabetes.
- In the past 10 years, the rate of cardiovascular deaths dropped by 27.5 percent from 267.6 to 209.9 deaths per 100,000 population.

### Health Disparities:

In Utah, 56.7 percent of adults aged 25 years and older with at least a high school education report their health is very good or excellent compared to only 22.6 percent with less than a high school education, resulting in a gap of 34.1 percent.

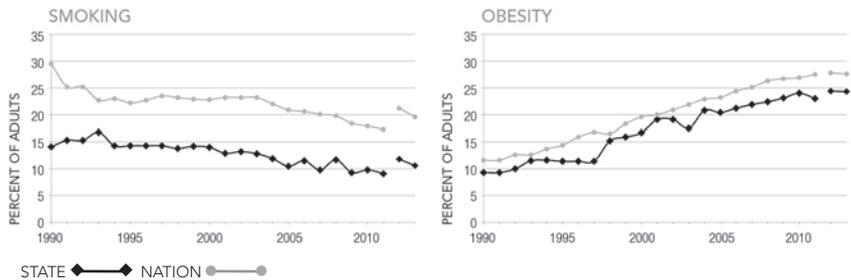
### State Health Department Website:

[www.health.utah.gov](http://www.health.utah.gov)

DETERMINANTS	2013		NO 1 STATE
	VALUE	RANK	
<b>BEHAVIORS</b>			
Smoking (Percent of adult population)	10.6	1	10.6
Binge Drinking (Percent of adult population)	11.2	2	10.2
Drug Deaths (Deaths per 100,000 population)	18.4	45	5.0
Obesity (Percent of adult population)	24.3	6	20.5
Physical Inactivity (Percent of adult population)	16.5	2	16.2
High School Graduation (Percent of incoming ninth graders)	78.6	26	91.4
<b>COMMUNITY &amp; ENVIRONMENT</b>			
Violent Crime (Offenses per 100,000 population)	206	6	123
Occupational Fatalities (Deaths per 100,000 workers)	3.2	4	1.9
Infectious Disease (Combined score Chlamydia, Pertussis, <i>Salmonella</i> *)	-0.03	31	-0.90
Chlamydia (Cases per 100,000 population)	256.4	8	140.6
Pertussis (Cases per 100,000 population)	22.8	50	0.7
Salmonella (Cases per 100,000 population)	11.9	14	6.6
Children in Poverty (Percent younger than 18 years)	13.7	9	9.7
Air Pollution (Micrograms of fine particles per cubic meter)	9.3	25	5.3
<b>POLICY</b>			
Lack of Health Insurance (Percent without health insurance)	14.5	28	3.8
Public Health Funding (Dollars per person)	\$66	30	\$225
Immunization—Children (Percent aged 19 to 35 months)	73.0	11	80.2
Immunization—Adolescents (Percent aged 13 to 17 years)	54.0	44	82.0
<b>CLINICAL CARE</b>			
Low Birthweight (Percent of live births)	6.9	13	6.0
Primary Care Physicians (Number per 100,000 population)	88.5	45	196.1
Dentists (Number per 100,000 population)	67.3	13	85.6
Preventable Hospitalizations (Number per 1,000 Medicare enrollees)	37.2	2	27.4
<b>ALL DETERMINANTS</b>	<b>0.43</b>	<b>6</b>	<b>0.70</b>
<b>OUTCOMES</b>			
Diabetes (Percent of adult population)	7.2	2	7.0
Poor Mental Health Days (Days in previous 30 days)	3.4	10	2.8
Poor Physical Health Days (Days in previous 30 days)	3.2	3	2.9
Disparity in Health Status (By educational attainment**)	34.1	44	19.7
Infant Mortality (Deaths per 1,000 live births)	5.1	9	4.4
Cardiovascular Deaths (Deaths per 100,000 population)	209.9	4	186.9
Cancer Deaths (Deaths per 100,000 population)	141.3	1	141.3
Premature Death (Years lost per 100,000 population)	6,231	12	5,493
<b>ALL OUTCOMES</b>	<b>0.27</b>	<b>3</b>	<b>0.33</b>
<b>OVERALL</b>	<b>0.7</b>	<b>6</b>	<b>0.92</b>

\*Negative score denotes less disease than US average, positive score indicates more than US average

\*\*Difference in high health status between adults aged 25 and older without a high school education and those with at least a high school education



The 2012–2013 data in the above graphs are not directly comparable to prior years. See Methodology for additional information.

ECONOMIC ENVIRONMENT	UT	US
Annual Unemployment Rate (2012)	5.8	8.1
Annual Underemployment Rate (2012)	11.2	14.7
Median Household Income (2012)	\$ 55,493	\$ 50,054

MEASURE	ADULT POPULATION AFFECTED
Smoking	194,000
Obesity	444,000
Physical Inactivity	302,000
Diabetes	132,000



For a more detailed look at this data, visit [www.americashealthrankings.org/UT](http://www.americashealthrankings.org/UT)