

Tell Us Your Story!

Have you ever collected your family health history? Here's your chance to not only learn about life-saving information for you and your family but to inspire others by sharing your story.

Story Guidelines:

- A release form must accompany each story submission. Forms are available online at www.health.utah.gov/genomics.
- Stories must describe:
 - What you learned about your family health history. (For example, did you use the Family Health History Toolkit? Take your grandchildren to the Family History Library? Talk about this over Thanksgiving dinner?)
 - How your family health history has impacted you and your family. (For example, did you learn about a health problem runs in your family that you never knew about? Have you made healthy choices because of it? Could something have been prevented if you had known about your family health history sooner?)
- Stories may be submitted in any format. Submissions WILL NOT be returned, so make a copy for yourself!
 - Written essay
 - Video
 - Photos
 - Etc
- Submit stories by mail, e-mail, or hand deliver them to the:
 - Mailing Address:
UDOH Genomics Program
PO Box 142106
Salt Lake City, UT 84114-2106
 - E-mail: genomics@utah.gov
 - Hand delivery:
288 North 1460 West
Salt Lake City, Utah



Questions? Contact the Utah Department of Health, Chronic Disease Genomics Program at 801-538-9416.

Visit www.health.utah.gov/genomics for more information.