



What Your Wellness Center Can Do

Try these ideas to promote DNA Day on your campus. Be creative and let the students know how fun genetics and health can be!

- Hold an “Excercise Your DNA” 5k run
- Have a DNA game night and play DNA Jeopardy or Family Feud (If you would like copies of these games, email genomics@utah.gov)
- Hold a Tell Us Your Story! contest to encourage students to learn about their family health history
- Hold a movie night. Watch a genetics-related movie and then bring in an expert to “debunk” the genetic myths (e.g., Gattaca, The Island, The Island of Dr. Moreau, Multiplicity)
- Do DNA trivia each week throughout the month of April for a chance to win prizes
- Collaborate with an art club or the Art Department to hold a DNA art contest; see who can come up with the best sculpture, sidewalk chalk drawing, or painting of a double helix
- Submit the newsletter example to your campus newspaper
- Ask a local expert to give a presentation on genetics and health (e.g., stem cell research, genetics and addiction, family health history)
- Request a presentation on DNA and genealogy from the Sorenson Molecular Genealogy Foundation (Contact Ugo Pergo at ugo@smgf.org or 801-428-1054 to schedule a presentation)
- Download fact sheets from our Web site and post them around the student center
- Make a bulletin board display at your campus library with the enclosed materials or genetic-related books and videos/DVDs

For more information on DNA Day visit
www.health.utah.gov/genomics

