Providers United For Improving Inhaler Technique (PUFIIT SCALE)

DATE: _____

	SCORE (circle one)	
Metered-Dose Inhaler Assessment		
1) Patient removes the cap	1	0
2) Patient holds the canister upright	1	0
3) Patient shakes the inhaler	1	0
4) Patient stands/sits upright with neck straight or tilted back	1	0
5) Patient exhales normally	1	0
6) Patient closes lips completely around the mouthpiece before actuating inhaler or holds the inhaler 2-4 cm. away from mouth if using "open" mouth technique	1	0
7) Patient begins to breathe in slowly and then actuates the inhaler	2	0
8) Patient continues to breathe in slowly and deeply (over 3-5 seconds)	2	0
9) Patient holds breath for at least 5-10 seconds	2	0
10) Patient waits for at least 30-60 seconds before second actuation	2	0
11) Patient only uses one actuation per inspiration	1	0
Total:		

Metered-Dose Inhaler With Spacer Assessment		
1) Patient removes the cap and connects spacer properly	1	0
2) Patient holds the canister upright	1	0
3) Patient shakes the inhaler and spacer together	1	0
4) Patient stands/sits upright with neck straight or tilted back	1	0
5) Patient exhales normally	1	0
6) Patient closes lips completely around the mouthpiece	1	0
7) Patient begins to breathe in slowly and then actuates the inhaler	2	0
8) Patient continues to breathe in slowly and deeply (over 3-5 seconds); You should not hear a whistling sound if spacer has an inspiratory whistle	2	0
9) Patient holds breath for at least 5-10 seconds	2	0
10) Patient waits for at least 30-60 seconds before second actuation	2	0
11) Patient only uses one actuation per inspiration	1	0
Total:		

Dry Powdered- Inhaler Assessment		
1) Patient removes the cover	1	0
2) Patient loads a single dose properly	1	0
3) Patient exhales normally	1	0
4) Patient closes lips completely around the mouthpiece	2	0
5) Patient breathes in forcefully and deeply	2	0
6) Patient holds breath for at least 5-10 seconds	2	0
7) Patient waits for at least 30-60 seconds before second actuation	1	0
Total:		

Objective, trackable #'s

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