

# Appendix C: Technical Approach





Wasatch Community Gardens (WCG) agrees to contract with the Utah of Department of Health, if the grant is awarded at the proposed level, to do the following:

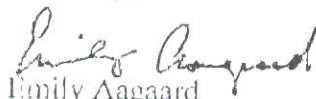
1. Dedicate 50% time of an experienced WCG staff gardening expert.
2. Assist in marketing the benefits gardening at home and in community gardens.
3. Assist in identifying community leaders and members in low-income neighborhoods who are interested in developing community gardens.
4. Provide technical assistance to community leaders and members to start community and/or at-home gardens.
5. Recruit gardening experts and consultants to assist in providing workshops and technical assistance to community gardeners.
6. Purchase and maintain a tool "library" for use by low-income gardeners to prepare, maintain and harvest gardens.
7. Prepare and distribute gardening materials to community leaders and members.
8. Participate on the interdisciplinary policy team to guide and implement the project.

I am willing to track additional costs incurred by WCG for the activities listed above for your use as part of the required match. I estimate the minimum amount the WCG would incur for staff supervision and project oversight would be \$4,640 during the 12 month period.

I look forward to working with you, Lynda Blades and other partners on this exciting opportunity to expand our services to many more low-income neighborhoods, and have them enjoy the health benefits of community gardens:

- Gardening is great outdoor exercise.
- Gardens provide excellent, sometimes doctor-recommended, therapy.
- Everyone who gardens has access to unbeatable nutrition – fresh off the vine.

Sincerely,

  
Emily Aagaard  
Executive Director

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