



The information in this report is based on data collected in the 2001 Utah Health Status Survey. The survey represents the fourth in a series, with previous surveys conducted in 1986, 1991, and 1996. This report deals specifically with data collected through the 2001 Utah Health Status Survey using the SF-12: Medical Outcomes Study instrument developed by QualityMetric Incorporated. It provides information on the self-reported physical and mental health status of adult Utahns. In addition to this report, other reports from the 2001 Health Status Survey include:

Overview Report
Overview by Local Health District
Health Insurance Coverage
Overview for Children
Overview by Race and Ethnicity

The survey was funded by a legislative appropriation and was designed, analyzed, and reported by the Utah Department of Health, Center for Health Data. The survey sample was designed to be representative of non-institutionalized Utahns living in households with phones, and is perhaps best described as a weighted probability sample consisting of 7,520 households disproportionately stratified by 12 local health districts that cover the entire state.

PEGUS Research Inc. of Salt Lake City conducted the telephone interviews using computer-assisted random digit dialing techniques. In each household, one adult (age 18 or older) was randomly selected to respond to survey questions about themselves, about the household as a unit, and with regard to each household member. The survey results were weighted to reflect the age, sex, geographic distribution, and Hispanic ethnicity of the population. Interviews were conducted over a seven-month period from May to November, 2001. A detailed description of the methodology can be found in the Technical Notes section of this report. The entire survey questionnaire may be found on-line at <http://ibis.health.utah.gov/ophapubs.html>.

The information in this report can be used to facilitate policy and planning decisions. While it is intended primarily for policy-makers, public health program managers, administrators, and other health care professionals in the public and private health care sectors, the report may also be of interest to anyone wishing to inform themselves on the current health status of Utahns.