

# Guide to This Document

Four pages of the report are devoted to each measure. This “Guide” outlines what is covered on each page.

This label describes the risk factor being addressed.

## General Health Status

*Question: Would you say that in general your health is: excellent, very good, good, fair, or poor?*

Four health-related quality of life (HRQOL) measures have been included on the BRFSS since 1993. The above question is the first of the set of four questions. It is considered to be a reliable indicator of a person’s perceived health and such is a good global assessment of a person’s well being. The Centers for Disease Control and Prevention has defined HRQOL as “an individual’s or group’s perceived physical and mental health over time.” This measure is directly related to Healthy People 2010’s overarching goal to increase quality and years of healthy life. The Institute of Medicine Committee on Using Performance Monitoring to Improve Community Health proposed that the proportion of adults reporting that their general health is good to excellent be included as one of 25 Community Health Profile indicators.

For this report, we looked at the percentage of persons who reported fair or poor health in order to be consistent with the *Utah Behavioral Risk Factor Surveillance System Local Health District Report*. Also, percentage of adults who report fair or poor health in used by the federal Health Resources and Services Administration (HRSA) in their Community Health Status Indicators (CHSI) effort (see Appendix C).

Entity	Percentage of Persons
Utah	10.0%
Region	11.7%
U.S.	14.9%

- The estimated proportion of adults who reported fair or poor health was lower in Utah for all years than that for the Region or the U.S.
- There was no significant change in the proportion of adults reporting fair or poor health from 1993 to 1999 for Utah and the Region.
- There was an increase in the percentage of persons reporting fair or poor health for the U.S. from 13.4% in 1993 to 14.9% in 1999.

Utah Objective: No objective listed.  
 HP2000: No objective listed.  
 HP2010: Overarching: Increase quality and years of healthy life.  
 ICDS: Not used.  
 CHSI: Percent of adults who report fair or poor health.

This text defines and further describes the measure being addressed.

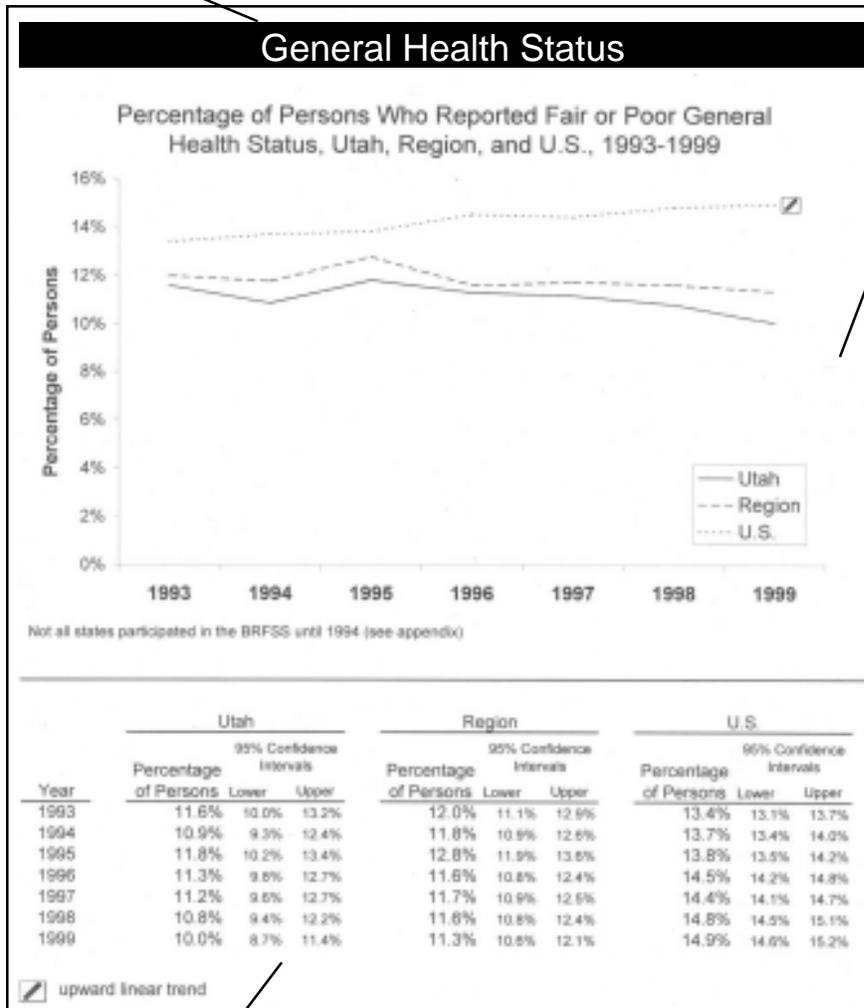
This text contains the question(s) asked from the BRFSS survey that were used in the tables and figures.

This graph shows the most recent year of data for Utah, the Region, and the U.S. in bar graphs.

This bulleted text summarizes findings from the trend graph and trend tests for Utah, the Region, and the U.S., and discusses Utah’s progress towards Healthy People 2000 objectives.

This text box contains a list of objectives and indicators that utilize the particular BRFSS measure. For a complete explanation of these, see Appendix C.

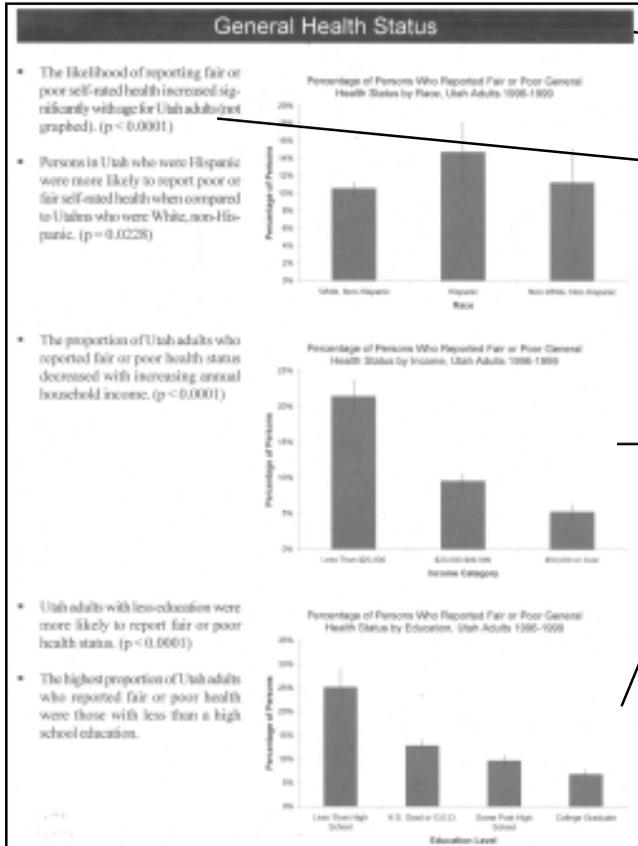
This label describes the risk factor being addressed.



This is the trend graph with a line for Utah, the Region, and the U.S. It includes symbols for each line indicating when the line showed a linear upward, linear downward, or non-linear trend.

This table contains the data that were used to construct the trend graphs. It includes 95% confidence intervals for the measure.

# Guide to This Document



This label describes the risk factor being addressed.

This text summarizes demographic differences for the measure.

The three bar graphs on this side of the page present the measure for a variety of demographic groups, using combined Utah data from years 1996-1999.

This label describes the risk factor being addressed.

The last page for the measure is a table of the combined 1996-1999 data for the demographic subgroups. It includes the 95% confidence intervals. The shaded column shows the percentage of people who reported the measure. The response category row(s) is/are also shaded.

**General Health Status**

**General Health Status: Percentage of Persons Who Reported Fair or Poor General Health Status (Question #) by Selected Demographic Characteristics, Utah Adults, 1996-1999.**

Demographic Subgroup	Utah Population		Survey Estimates of Respondents Who Reported Fair or Poor General Health Status			
	Distribution	Number of Persons <sup>1</sup>	Percentage of Persons Who Reported Fair/Poor Health Status <sup>2</sup>		Distribution of Persons Who Reported Fair/Poor Health Status by Category	
			95% Confidence Interval	Lower	Upper	Number of Persons <sup>1,3</sup>
<b>General Health Status</b>						
Excellent	25.5%	350,300				
Very Good	36.8%	506,100				
Good	26.9%	369,300				
Fair	8.1%	111,800				
Poor	2.7%	37,000				
Total, All Adults	100.0%	1,374,400				
<b>Sex</b>						
Males	48.7%	669,400	10.1%	9.0%	11.1%	67,300
Females	51.3%	705,000	11.5%	10.6%	12.5%	81,300
Total, All Adults	100.0%	1,374,400	10.8%	10.1%	11.9%	148,600
<b>Age Group</b>						
18 to 34	37.0%	507,900	6.1%	6.1%	7.1%	30,600
35 to 49	31.4%	432,100	8.4%	7.2%	9.8%	36,100
50 to 64	17.6%	239,900	14.1%	12.1%	16.0%	53,700
65 or Over	14.2%	194,500	24.4%	22.0%	26.9%	47,400
Total, All Adults	100.0%	1,374,400	10.8%	10.1%	11.9%	148,600
<b>Race</b>						
White, Non-Hispanic	90.9%	1,249,100	10.5%	9.8%	11.3%	131,500
Hispanic	5.6%	77,200	14.7%	11.2%	18.2%	11,400
Non-White, Non-Hispanic	3.5%	48,100	11.2%	7.3%	15.2%	5,400
Total, All Adults	100.0%	1,374,400	10.8%	10.1%	11.9%	148,600
<b>Income</b>						
Less Than \$20,000	18.3%	251,300	21.4%	19.1%	23.7%	53,800
\$20,000-\$49,999	50.5%	694,200	9.5%	8.8%	10.2%	66,200
\$50,000 or Over	31.2%	428,900	5.2%	4.1%	6.3%	22,400
Total, All Adults	100.0%	1,374,400	10.8%	10.1%	11.5%	148,600
<b>Education</b>						
Less Than High School	6.6%	90,700	25.1%	21.2%	29.0%	22,800
H.S. Grad or G.E.D.	30.5%	418,800	12.8%	11.4%	14.2%	53,800
Some Post High School	34.0%	461,700	9.8%	8.4%	10.9%	45,000
College Graduate	28.9%	397,800	6.8%	6.8%	8.0%	27,000
Total, All Adults	100.0%	1,374,400	10.8%	10.1%	11.5%	148,600

<sup>1</sup> Rounded to the nearest 100 persons.  
<sup>2</sup> %s or minus 95% confidence interval.  
<sup>3</sup> Figures in these columns may not sum to the total because of missing values on the grouping variables.