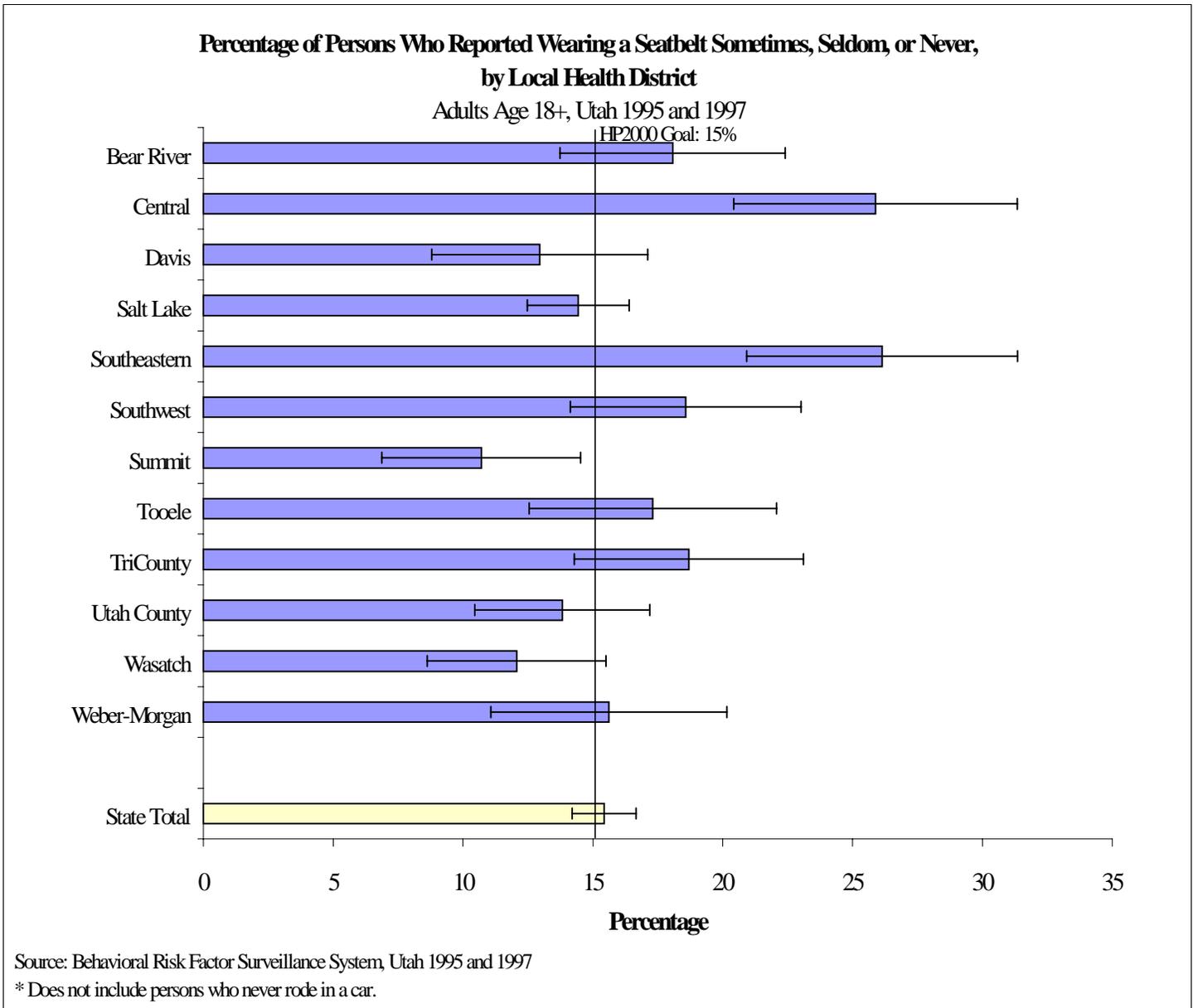


Seatbelt Non-Use

Question: How often do you use a seatbelt when you drive or ride in a car?

Appendix B, pp. 68

When asked how often they used their seatbelts, those surveyed were offered the choices: always, nearly always, sometimes, seldom, or never. Those who sometimes, seldom, or never used seatbelts were considered non-users. Consistent seatbelt use dramatically reduces risk of death or injury in an automobile crash. Drivers and passengers in cars with automatic seatbelts should also fasten lap belts to minimize danger in an accident.



UTAH OBJECTIVE: By 2000, reduce the non-use of vehicle safety restraints among adult occupants to no more than 30%.

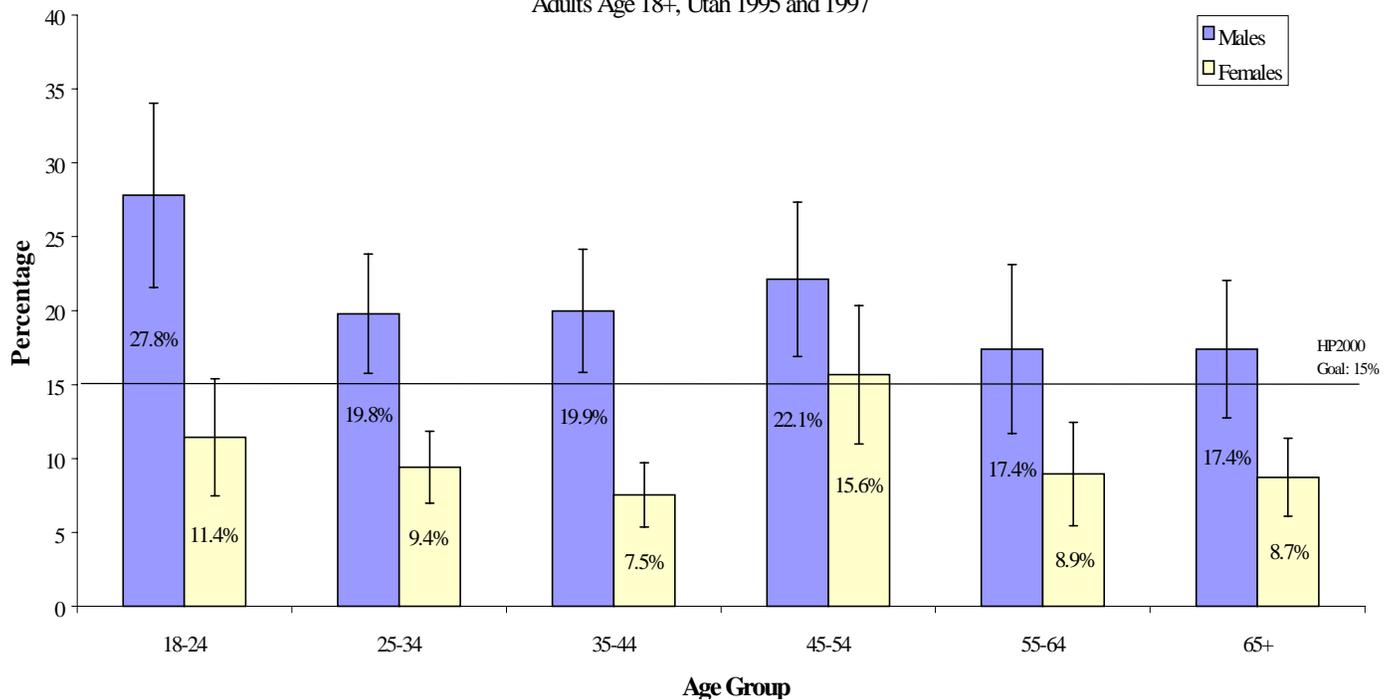
YEAR 2000 OBJECTIVE 9.12: Reduce the non-use of seatbelts and child safety seats among adult occupants to no more than 15%.

YEAR 2010 OBJECTIVE 7.15: Increase use of safety belts and child restraints to at least 93% of motor vehicle occupants.

Seatbelt Non-Use

Percentage of Persons Who Reported Wearing a Seatbelt Sometimes, Seldom, or Never,
by Age and Sex

Adults Age 18+, Utah 1995 and 1997



Source: Behavioral Risk Factor Surveillance System, Utah 1995 and 1997

* Does not include persons who never rode in a car.

District	Total Number of Adults in District	Number Who Didn't Use Seatbelts	Percentage Who Didn't Use Seatbelts	95% Confidence Intervals	
				Lower	Upper
Bear River	79,823	14,423	18.1%	13.8%	22.4%
Central	40,297	10,431	25.9%	20.5%	31.3%
Davis	141,480	18,328	13.0%	8.8%	17.1%
Salt Lake	547,744	79,090	14.4%	12.5%	16.4%
Southeastern	36,191	9,459	26.1%	20.9%	31.3%
Southwest	80,057	14,870	18.6%	14.2%	23.0%
Summit	16,526	1,769	10.7%	6.9%	14.5%
Tooele	21,226	3,673	17.3%	12.6%	22.0%
TriCounty	24,712	4,621	18.7%	14.3%	23.1%
Utah County	201,995	27,917	13.8%	10.5%	17.2%
Wasatch	8,343	1,006	12.1%	8.6%	15.5%
Weber-Morgan	125,148	19,538	15.6%	11.1%	20.1%
State Total	1,323,541	204,249	15.4%	14.2%	16.7%

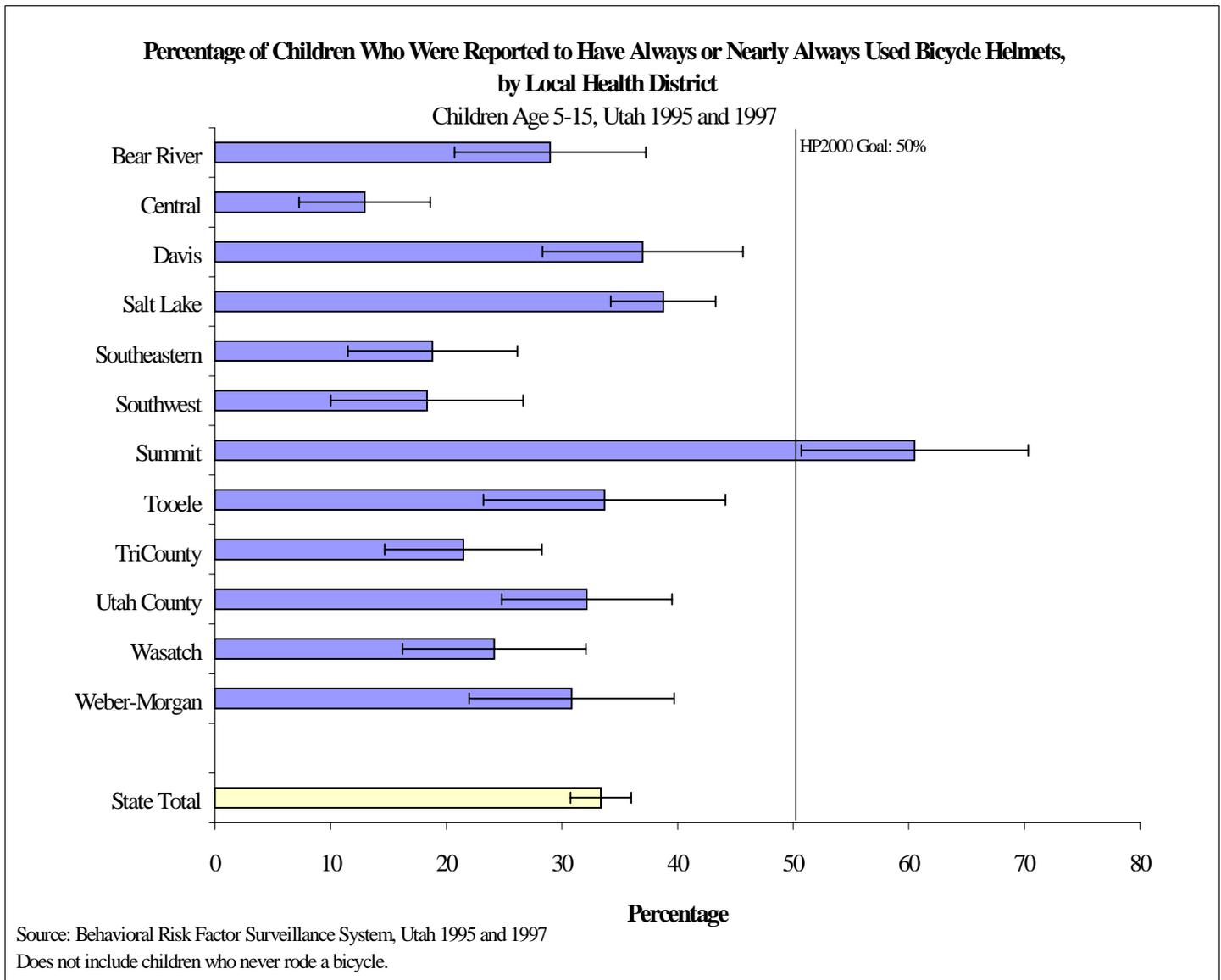
- The Utah Department of Health Violence and Injury Prevention Program has been collaborating with local health departments and other agencies to educate the public on the need for a law mandating seatbelt use and allowing primary enforcement of the law. Currently in Utah, a driver can only be ticketed for seatbelt non-use if he or she has been stopped for some other offense.

Child Bicycle Helmet Use

Question: During the past year, how often has that child worn a bicycle helmet when riding a bicycle?

Appendix B, pp. 68

Head injuries are the most serious type of injuries sustained by pedal cyclists of all ages. Wearing bicycle helmets is a proven intervention that minimizes the risk of head injury. Although no state has a bicycle helmet law that applies to all riders, 15 states have laws that apply to young bicyclists. Helmets are important for riders of all ages, especially because older bicyclists represent two-thirds of bicycle deaths. Survey respondents were asked the age of the oldest child in the household under 16, and whether that child wore a bicycle helmet always, nearly always, sometimes, seldom or never in the past year. Those children who were reported to have worn a bicycle helmet always or nearly always, were considered bicycle helmet users for this report.



UTAH OBJECTIVE: By 2000, increase use of helmets to at least 50% of bicyclists.

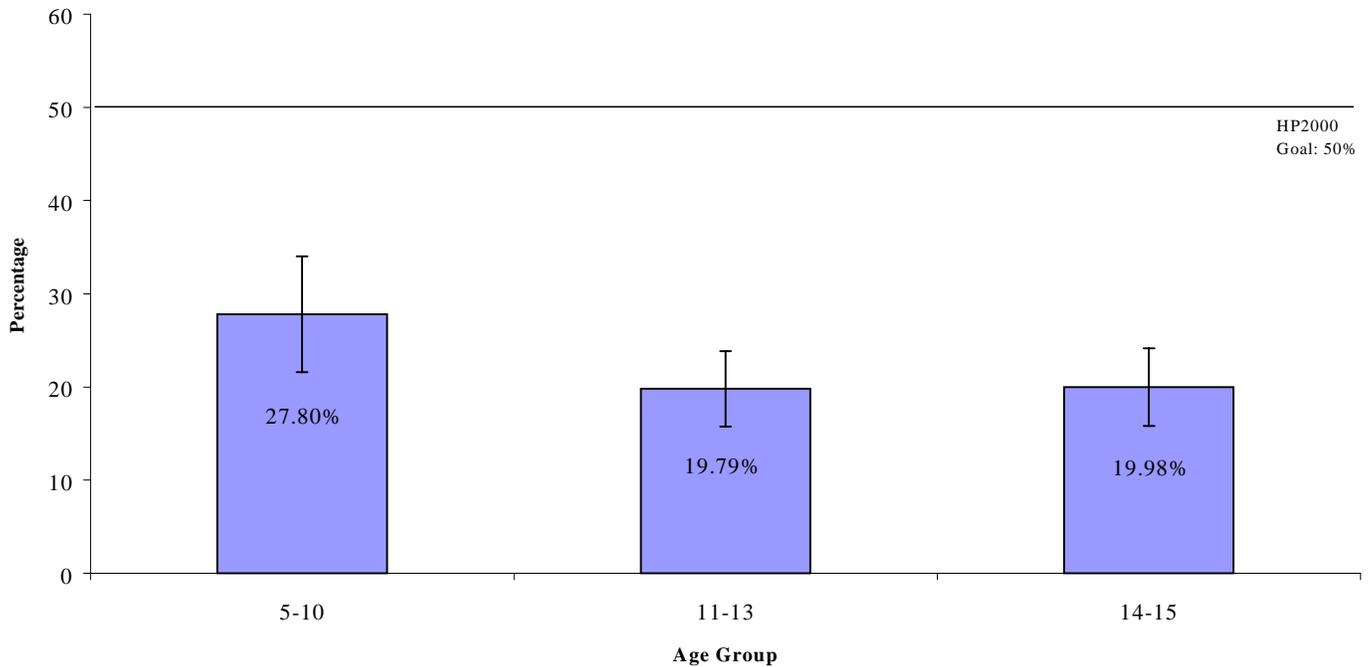
YEAR 2000 OBJECTIVE 9.13: Increase use of helmets to at least 80% of motorcyclists and at least 50% of bicyclists.

YEAR 2010 OBJECTIVE 7.27: Developmental

Child Bicycle Helmet Use

Percentage of Children Who Were Reported to Have Always or Nearly Always Used Bicycle Helmets, by Age

Children Age 5-15, Utah 1995 and 1997



Source: Behavioral Risk Factor Surveillance System, Utah 1995 and 1997

* Does not include children who never rode a bicycle.

District	Total Number of Children in District	Total # of Children Who Rode Bicycles	Number Who Wore Bicycle Helmets	Percentage With Bicycle Helmets	95% Confidence Intervals	
					Lower	Upper
Bear River	26,934	23,626	6,847	29.0%	20.7%	37.2%
Central	13,017	11,152	1,444	13.0%	7.3%	18.6%
Davis	48,654	43,672	16,154	37.0%	28.4%	45.6%
Salt Lake	163,626	143,435	55,610	38.8%	34.3%	43.3%
Southeastern	11,522	9,970	1,875	18.8%	11.5%	26.1%
Southwest	21,969	17,900	3,279	18.3%	10.0%	26.6%
Summit	4,289	4,080	2,469	60.5%	50.8%	70.3%
Tooele	6,025	5,065	1,706	33.7%	23.3%	44.1%
TriCounty	8,967	7,451	1,601	21.5%	14.7%	28.3%
Utah County	64,536	54,629	17,569	32.2%	24.8%	39.5%
Wasatch	2,644	2,357	569	24.2%	16.3%	32.0%
Weber-Morgan	35,056	28,318	8,733	30.8%	22.0%	39.7%
State Total	407,237	351,812	117,435	33.4%	30.8%	36.0%

- Summit county had the highest rates in Utah of children using bicycle helmets. Their rates were well above the state average and the HP 2000 goal.
- Children living in Central Health District were the least likely to wear a bicycle helmet.
- Despite the proven benefits of bicycle helmets, reported use remains low.