



UDOH Prescription Pain Medication Program Patient & Community Education Workgroup Meeting

Minutes

Wednesday, March 11, 2009, 4-5 pm
Human Services Bldg, RM 212, 120 N 200 W, SLC, UT

Abbie Vianes
Erin Johnson
Terry Russo
Jason Carlton
Tina Duncan
Andy Murphy
Jonathan Anderson
Linda Player
Leah Ann Lamb
Marty Malheiro
Charlotte Vincent
Ben Reaves

Abbie – Review SL City Prevention Coalition action plan for Rx Drug Abuse.

- Also mentioned day long clergy training/seminar on substance abuse coming up.
- One hour brown-bags, we could do another one with a number of workgroup members participating. Always 12 to 1 pm. May 8, 2009?
- Has anyone else done work with pharmacies? Erin has contact with Walgreens.
- SL Co has been to every pharmacy to promote “don’t dish the fish.”
- More drop-off boxes are needed.
- DEQ looking to sponsor a big take-back event at a grocery store. Police come and collect it all.

Erin – Find a place on Division of Water Quality, DEQ website to link to UseOnlyAsDirected.org

Leah Ann – Presentation: Environmental issues related to Rx Meds: “Pharmaceuticals & Personal Care Products (PPCP).”

- “Crush and flush” is common. Sewer systems are not designed to filter/remove chemicals from PPCPs, although some do.
- Caffeine, steroids, repellants, including endocrine disrupters are found in our water bodies.
- Drug sales have skyrocketed recently, Poisonings have increased especially with children. “Pharming.”
- “Do not flush! Do not pour!” Check with police about hazardous waste, check with county, if no program exists, make the pharmaceuticals indistinguishable and throw in trash.
- Two legal ways in Utah: 1) In the law enforcement building 2) At a household hazardous waste disposal event.

- DEQ offers law enforcement agencies a one-time grant, up to \$1000, to establish a “Drug Collection for Proper Disposal” program. This can cover collection boxes, signage, evidence handling, and incineration.
- DEA: DEQ respects their point-of-view and want to follow the right legal/political channels.
- Feel free to promote: medicationdisposal.utah.gov
- Smith’s collection event on April 25, 10-22. Millcreek precinct, 4500 South 900 East.
- East Canyon wastewater treatment plant (Jeremy ranch) impact on nearby stream having been studied closely. They are installing tertiary treatment facilities. High cost to install filters, plus maintenance. Huge investment.

Updates:

Tina – SL Co. Substance Abuse continues to work on focus groups, studying Rx use among different age groups.

Terry – SL Co. Substance Abuse is also compiling small group data for prescription narcotic morbidity, mortality.

Erin – Rx Pain Med advisory meeting Monday, March 30 from 3:00-5:00 in room 114 of the Cannon Health Building (288 N 1460 W, Salt Lake City),

- UDOH is looking to develop a Webinar, online CMEs for physicians regarding use of opioids in pain management.
- DEA is accepting comments through March 23, 2009 on rules regarding disposal. Comments may be sent to DEA by sending an electronic message to dea.diversion.policy@usdoj.gov. Everyone is encouraged to comment, even if it is a simple sentence or two.

Lean Ann – SLC police dept is planning to go into senior apartment housing and having a pharmaceutical collection event.

Next Workgroup Meeting: Wednesday, April 8 @ 4 pm, RM 212 Human Services Bldg., SLC.