Patient Pain and Medication Tracking Chart

Name	ID#	Date
Pain Dxs:		DOB
		Gender M/F

Directions: At the end of each day use this log to record your function, pain, sleep and alcohol/drug use. This will be used by your provider to properly adjust your medications to obtain optimal benefit and to minimize risk to your health and safety.

Date	Medications	# Pills/day	Pain [1] (0-10)	Function [2] (0-10)	# Hours Slept	Alcohol or Drugs used