SHEEHAN DISABILITY SCALE

A BRIEF, PATIENT RATED, MEASURE OF DISABILITY AND IMPAIRMENT

Please mark ONE circle for each scale.

WORK* / SCHOOL
The symptoms have disrupted your work / school work:

I have not worked / studied at all during the past week for reasons unrelated to the disorder.

* Work includes paid, unpaid volunteer work or training

SOCIAL LIFE
The symptoms have disrupted your social life / leisure activities:

FAMILY LIFE / HOME RESPONSIBILITIES
The symptoms have disrupted your family life / home responsibilities:

DAYS LOST
On how many days in the last week did your symptoms cause you to miss school or work or leave you unable to carry out your normal daily responsibilities? _________

DAYS UNDERPRODUCTIVE
On how many days in the last week did you feel so impaired by your symptoms, that even though you went to school or work, your productivity was reduced? _________