

**Prescription Pain Medication Steering Committee Meeting
September 11, 2007**

Present:

Diana Baker
Martin Caravati
Alan Colledge
Teresa Garrett
Craig Povey
Robert Rolfs
David McKnight
Mitchell Jones
Iona Thraen
Erin Johnson

Next meeting: Oct 9 from 9:00-11:00 in room 125 (please RSVP if you can not come)

1. Who else to include in Steering Committee?
 - a. Brad Daw (honorary member—give him the option)
 - b. Private practice pain management (one):
 - i. Perry Fine (ask for references if he can't participate)
 - ii. John English
 - iii. Mark Passey
 - c. Pharmacist (one):
 - i. Linda Tyler
 - ii. Rick Cee
 - iii. Dal Coleman
 - iv. BC/BS consultant
2. Guidelines:
 - a. Change guidelines description to “guidelines for the safe use of prescription opioid pain medication” instead of “guidelines for the use of prescription opioid pain medications, for purposes other than palliative care.”
 - i. “Safe” includes: identify risk, potential for overdose, mortality, morbidity
 - b. Should be advisory
 - c. Advisory Committee can do a secondary review and make comments on them (but the guidelines will not be endorsed by them)
3. When given a Rx, individuals should be given info on how to dispose of extras
4. Data:
 - a. Can use ER data as indicator of trends of misuse/abuse for a possible measurement of morbidity (coded as narcotic overdose)
 - b. EMS data from 1999-2002 (5 linked databases) (Utah Poison Control)
 - c. In process of adding questions to the BRFSS (Behavioral Risk Factor Surveillance System) for 2008
 - i. Will yield data on how people are getting Rx drugs, how they are using them, and how they are disposing of them.

5. Physician Education:
 - a. Panel of experts on how to do physician behavior change including a variety of strategies
 - b. Letters from DOPL catch physicians' attention
 - c. Under current law, CSDB can't be used for academic detailing
 - d. Controlled Substances Act for Utah currently has less stringent rules than the federal guidelines – how does this information get out to the practicing community? (make info accessible): no pre-dating prescriptions, max of 30 days for Rx (no limit to # of times it can be renewed)
6. Funding:
 - a. UDOH hopes to get \$ to make CSDB more robust and useful
 - b. UDOH will make recommendations for funding for DOPL for database development based on our analyses
 - c. Request made by UDOH for ongoing funding for this project: building block for FY '09 for \$350,000
7. Enforcement: we will not be involved with enforcing, but we will stay in touch
8. Milestone additions
 - a. Oct 1: convene advisory committee
 - b. Oct 1: MOU with DOPL on CSDB
 - c. Jan 1: establish linkage of CSDB to UDOH
9. Next meeting suggestions:
 - a. Invite Victoria Delheimer (Substance Abuse rep that works with methadone clinics) to present for 10 min
 - b. Invite Dr. Marc Babitz (chair of provider guideline expert panel) to share his ideas of membership and committee
10. Expert Panel for Guidelines Development
 - a. Should have reps from payers and providers (probably the medical directors)
 - b. Suggestions:
 - i. Ed Holmes
 - ii. Michell Leifson
 - iii. John English
 - iv. Mark Passey
 - v. Dentists
 - vi. Mid levels - prescribers
 - c. Chair is Marc Babitz
 - d. Need to determine decision making process (eg 2/3=consensus)

Action Items:

1. Email Erin with additional people to invite to the Advisory Committee.
 - a. Diana Baker identified the following as professions that can prescribe controlled substances.
 1. MD's
 2. DO's
 3. Physician Assistants
 4. Advanced practice nurses

5. Dentists
 6. Podiatrists
 7. Certified Nurse Midwives
 8. Naturopathic physician
 9. Optometrist (schedules VI and V)
- b. Invite methadone clinics to participate (Joel from Project Reality)
2. Feedback on milestones: on track?, realistic?, sufficient?
 3. Marty:
 - a. send copy of guideline process used by poison centers (from National Panel)
 - b. send copy of decision making template that you used with past committees
 4. Alan:
 - a. report from Dennis at Work Comp Fund about the remaining \$77K for budget
 5. Iona:
 - a. work with Dr. Babitz, Rolfs, Steed, and steering committee on proposal of who will be represented on guidelines expert panel.
 - b. Develop process, structure, and proposal for Oct meeting on guideline committee.