

**Prescription Pain Medication Steering Committee Meeting
January 15, 2007**

Present:

Alan Colledge
Lynette Willie (representing Craig PoVey)
Robert Rolfs
Doug Springmeyer
Mitchell Jones
Erin Johnson
Kim Bateman
Martin Caravati
Guest presenter: Kurt Hegmann

Next meeting: Feb 19 from 9:00-11:00 in room 401 (please RSVP if you can not come)

1. Updates:

- a. Noelle Taxin will be replacing Diana Baker as the DOPL representative starting February
- b. Everyone should attend the Advisory Committee. That is where you can hear a thorough update of all the things being done by the Work Groups.

2. Presentation on ACOEM Guidelines by Kurt Hegmann:

- a. An outline of the presentation as well as hand-outs that Kurt prepared will be available on our website
(http://www.health.utah.gov/prescription/html/steering_committee.html)
under “presentations” & “other resources”
- b. The ACOEM Guidelines will be going to press on February 10.
- c. Study designs testing opioids are all flawed (high drop-out rates; easy to tell if placebo or not; if design begins with wash-out phase then the individuals who remain may not represent the entire population)
- d. If there was insufficient evidence on a subject, the committee used expert opinion/consensus to make their recommendations
- e. Discussion:
 1. We need to incorporate DOPL’s CSDB in our version of the guidelines.
 2. ACOEM guidelines are limited scope (do not cover our entire scope)
 - o We will need to extract pieces from multiple guidelines to come up with the full picture we are looking for (including dental, headaches, neurology)

3. Discuss Principles and Criteria for Guidelines

- a. Need to find out if good guidelines exist for:
 - i. Rheumatology
 - ii. Substance Abuse/Mental Health (Lynette will check)
 - iii. Primary Care
 - iv. Oral/dental surgeon

- v. Trauma & acute injury
- vi. Neurology (including headaches & neuropathic pain)
- b. What will the finished product look like? (start at the end, so we can nail down what we are after)
 - i. Need to have meeting with Marc Babitz, Iona, Bob and Erin to come up with draft Table of Contents
- c. Massachusetts has a handbook for pain
- d. Who should review these guidelines using the criteria?
 - i. Options: staff, intern, medical background consultant,
 - ii. Comments:
 - 1. Someone with ability to read medical literature
 - 2. Marc Babitz should be involved in this process
 - 3. Can be Iona and Erin (two tables and then compare both for consistency)
 - iii. Tips (from Kurt) is it appears that some guidelines have gaps, contact them directly to see (once we have sorted out the weak guidelines)

4. Action Items:

1. Marc Babitz, Iona, Bob and Erin develop draft Table of Contents/Outline for Guidelines. Send to Steering Committee for feedback. Present them at Advisory Committee, if ready.
2. Lynette Willie: Check if opioid guidelines exist for Substance Abuse/Mental Health perspective
3. Iona Thraen: identify if guidelines exist for Rheumatology, Primary Care, Oral/dental surgeon, Trauma & acute injury, Neurology (including headaches & neuropathic pain)