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Pregnancy Risk Line



*Answers about Medicines and other Exposures
during Pregnancy and Breastfeeding.*

The Pregnancy Risk Line is a joint effort of the Utah Department of Health and the University of Utah Health Sciences Center. The Risk Line has been providing pregnancy information and education to women, families, and health care providers for almost 30 years.

More information on the Pregnancy Risk Line is available online at www.pregnancyriskline.org.

Pregnancy Risk Line Phone Numbers

Salt Lake Area (801) 328-2229
Outside Salt Lake 1-800-822-2229





What is the Pregnancy Risk Line?

The Pregnancy Risk Line provides valuable information to women who are pregnant, considering becoming pregnant, or breast-feeding, and to their health care providers. This **free, private, and easy-to-use telephone information service** answers questions about medicines, drugs, chemicals, and other environmental exposures that can potentially harm an embryo, fetus, or infant.

For example

- Is the medicine my doctor gave me OK to take while pregnant or breastfeeding?
- I'm sick and pregnant - what are the risks to my baby?
- How do I handle chemicals and solvents while I'm pregnant or breast-feeding?

The purpose of the Pregnancy Risk Line is to offer accurate, timely, and confidential information that will help you avoid problems caused by 1) medicines you have recently taken or are currently taking 2) chemicals you may be exposed to, or 3) other potentially dangerous products.

Who will I talk to when I call the Pregnancy Risk Line?

You will talk to a staff member knowledgeable about medicines, chemicals, and other exposures that can cause pregnancy problems or birth defects. The Pregnancy Risk Line staff also advise women and their health care providers about the effects of exposures on the breast-fed baby and the possible impact on breast milk production.

The Risk Line staff and our medical consultants have many years of experience in the health care field.

When can I call the Pregnancy Risk Line?

The staff at the Pregnancy Risk Line can take your call during regular business hours for the State of Utah. Please call for times. If the phone lines are busy, you may leave a message and we will call you back that day.

Translation services are available.

What number do I call?

If you live in the Salt Lake area, the phone number is **(801) 328-2229 (BABY)**. If you live outside Salt Lake, call **toll-free 1-800-822-2229**. All calls are confidential.