



Don't let an injury be one of your souvenirs.



Experience Utah's beauty, not our hospitals.



A photo should be the only thing you snap.

Utah Travel Health & Safety Web site - www.health.utah.gov/travel

Utah is famous for its exciting outdoor activities and beautiful scenery. However, Utah's wide range of recreational possibilities and rugged environment create a potential for injury and illness. Visit www.health.utah.gov/travel to learn about altitude illness, dehydration prevention, sun safety, driving in winter conditions, encounters with wildlife, and many other topics. The Web site will help you enjoy Utah safely any time of the year.



Photo provided by the Utah Travel Council

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