Utah Suicide Facts

8th leading cause of death for Utahns. Utah ranks 7th in the nation. 10 suicides a week.

1 in 15 Utah adults have had serious thoughts of suicide. Enough to fill the Energy Solutions Arena 13 times.

Utah Suicide Facts

Every Day in Utah...

There is a suicide in Utah every 16 hours.

Utah ranks 7th in the nation.

1 in 15 Utah adults have had serious thoughts of suicide.

Enough to fill the Energy Solutions Arena 13 times.

Causes of Death

- Firearm: 53.1%
- Suffocation: 22.8%
- Poisoning: 18.7%
- Other: 5.4%
- Other includes cut/pierce, drowning, fire, and fall.

MEN are at higher risk for suicide compared to females in every age group.

Each suicide costs an average of $1 million in medical and work loss costs.

Utah Department of Health Violence and Injury Prevention Program

For more information visit: www.health.utah.gov/vipp


Adult males who die by suicide are more likely to have job, financial, substance abuse, and relationship problems.