

If you or a loved one have a Traumatic Brain Injury, there's help

The TBI Fund helps to link individuals throughout Utah with resources to meet their goals and assists with a successful return to school, work, or community reintegration.

“ We are so happy with the neuropsych evaluation our son received through the TBI Fund. The results are helping our family know what things need to be done to better help our son. The TBI Fund counselor helped us learn about resources we never knew existed. The whole experience was positive. Thank you again. ”

Call the Brain Injury Alliance of Utah at **(800) 281-8442** or Phoenix Services at **(801) 825-4535** to get connected with a TBI Fund counselor. Or visit <http://health.utah.gov/vipp>.



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You may have a Traumatic Brain Injury (TBI) if you have experienced any of the following:

Some signs of a TBI may include:

- Headache or neck pain that won't go away
- Blurred vision
- Lack of energy/tired
- Ringing in the ears
- Trouble sleeping or sleeping too much
- Loss of balance
- "Hurt" by loud noises or bright lights

Some changes in behavior from a TBI may include:

- Easily irritated; aggressive
- Mood changes: feeling sad, anxious
- Not interested in things that used to be enjoyed
- Confused, get lost easily
- Slow in thinking, speaking, or reading
- Hard time getting organized
- Hard time making decisions and solving problems
- Hard time paying attention
- Forgetting things that happened a few minutes or days ago

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