

#Safe4Life



Make good choices on the road



Safety is no accident.

It's a choice we make every day throughout our entire lives.



Rear-facing

As long as possible - infant to at least age 2 and 30 lbs.

Forward-facing

At least 2 yrs and 30 lbs. Use to highest weight & height allowed by car seat.



Never leave your child alone in a car.

Not even for a minute.



Spot the tot.

Walk around your car before backing up.

"When a child dies or is seriously injured, the lives of families and communities are changed forever. But these tragedies don't have to happen."

Cambree Applegate,
Safe Kids Utah Director



Buckle up.

Every ride. No exceptions. Seat belts save lives.

Booster

At least age 4, 40 lbs., and until the seat belt fits (about 4'9").



Set rules for your teen driver.

Learn which GDL laws apply to your teen driver.



Heads up.

Cross in marked crosswalks and pay attention.



Use your head.

Wear a helmet.



Share the road.

Bicyclists and motorcyclists have the same rights, responsibilities, and dangers as motorists.



Always drive sober.

Never drive under the influence of drugs or alcohol. That includes prescription drugs too.



Get your zzz's.

If you are driving tired, pull over to a safe spot to rest.



Drive distraction free.

Anything that takes your attention off the road is a distraction.

Stay in your car.

If you're in a crash, stay in your car with your seat belt on and call 911. Turn on your emergency, flashing lights.



Slow down.

It's not a race.

"When we ask people if they think Zero Fatalities on Utah's roads is an achievable goal, most people tell us no. But when we ask them how many of their loved ones they'd be willing to lose in a crash, they quickly realize that Zero is the only acceptable number."



Learn how to make good decisions on the road at:
health.utah.gov/vipp
clickitutah.org
ut.zerofatalities.com
dontdrivestupid.com