

Nutrition Website Resource List for Nutrition Professionals

Nutrition.gov

www.nutrition.gov

Information on all aspects of nutrition. Includes USDA nutrient database and Food & Nutrition Research Briefs. Links to USDA created nutrition education materials.

MyPyramid.gov

www.mypyramid.gov/professionals

Educational materials, getting started guide, and other resources

USDA – Food and Nutrition

www.usda.gov/wps/portal/!ut/p/_s.7_0_A7_0_1OB?navtype=SU&navid=FOOD_NUTRITION

Nutrient profiles, reports, publications and reports, links to other USDA sponsored websites

CDC – Nutrition Topics

www.cdc.gov/nccdphp/dnpa/nutrition/health_professionals

Reports and recommendations, press releases, and information on common nutrition topics

American Dietetic Association

www.eatright.org

ADA position papers, ADA journal (members only) and other nutrition news

The President’s Council on Physical Fitness and Sports

www.fitness.gov

Links to other websites on physical fitness

The National Women’s Health Information Center

www.womenshealth.gov/HealthPro

Information on all aspects of women’s health. Links to professional publications, cultural competency and practice guidelines.

National Dairy Council

<http://www.nationaldairycouncil.org/nationaldairycouncil/health>

Nutrition education materials, handbook of dairy foods, dairy council digest archives, research summaries

The Food Allergy and Anaphylaxis Network

www.foodallergy.org

Information, including research, on food allergies

WIC Works Resource System

www.nal.usda.gov/wicworks

Resources for WIC professionals. Access to WIC learning, databases for formula and nutrition education materials, sharing center, and information on A-Z topics

Utah WIC Program

www.health.utah.gov/wic

Policies and procedures, modules and forms, lesson plans, shared education materials

Touching Hearts, Touching Minds

<http://touchingheartstouchingminds.com>

Emotion-based materials created by the Massachusetts WIC Program

USDA – National Agricultural Library

<http://fnic.nal.usda.gov>

Resources for nutrition professionals

Additional professional resources/organizations

Centers for Disease Control and Prevention

www.cdc.gov

Food and Drug Administration

www.fda.gov

National Institutes of Health

www.nih.gov

United States Department of Agriculture

www.usda.gov

Mayo Clinic

www.mayohealth.org

American Academy of Pediatrics

www.aap.org

American Cancer Society

www.cancer.org

American College of Obstetricians and Gynecologists

www.acog.org

American Dental Association

www.ada.org

American Diabetes Association

www.diabetes.org

American Heart Association

www.americanheart.org